

2024 - 2025 Annual Report



Who We Are

Karadi Aboriginal Corporation is an Aboriginal Community-Controlled Organisation dedicated to supporting the needs of Tasmanian Aboriginal people for the last 37 years. Our organisation delivers health, aged care, accommodation and community programs and services that meet the needs of the Southern Tasmanian Aboriginal Community.

Our organisation is dedicated to building strong communities and fostering connections. Through our diverse range of programs and services, we promote social inclusion, cultural pride, and overall well-being among Aboriginal people and the broader community.

Our Vision, Mission & Values

Our Vision is to remain a proud Aboriginal-led, highly respected and trusted provider of community, health and wellbeing services and support to Aboriginal people, their families and the broader community. Strong and proud.

Our Mission is to promote and provide cultural, health, social and emotional well-being services for our people in a non-political, accessible and culturally safe way.

Our Values are:

- To value and protect the unique culture, history and lore of the Palawa people.
- To maintain and promote connection with culture and country.
- To work ethically and with integrity to maintain the highest trust of the community.
- To work in an inclusive manner and support people without judgment.
- To maintain a process of continuous improvement and to be responsive to community needs.
- To be respectful and empowering to all staff and community.



Photo - Staff at a NAIDOC Flag Raising Event

Chair & CEO Report



Photo - Karadi's Current Board

We are proud to present the 2024 - 2025 Annual Report for Karadi Aboriginal Corporation. This past year has been a time for renewal, reinvigoration, and refocus on Karadi's core purpose. Following the appointment of our new Chief Executive Officer, Miriam Moreton, in August 2024, significant efforts have been made to strengthen our organisational governance, quality, finance, and reporting systems and processes. This ensures that our services align with community needs and we create space for our staff to thrive.

In January 2025, the Board and staff came together to develop Karadi's 2025-2027 Strategic Plan. Built on feedback from Elders, clients, staff and Directors, the plan outlines three strategic objectives:

- Strengthen governance, quality improvement and compliance practices to support the delivery of Karadi's programs and services and help our staff to thrive.
- Build capacity and resilience to remain strong and proud in culture.
- Be a leader in delivering prevention, early intervention and management programs and services that fill gaps and support community needs.

This plan has driven key activities throughout the year, including updates to our vision, mission, and values, the implementation of key organisational governance structures and capturing Karadi's 37-year history. Our commitment to identifying and addressing gaps to meet community needs continued throughout the year with the rollout of additional counselling services, including trauma and men's counselling. Karadi was also successful in receiving funding for new programs which will commence in the 2025/26 year, including short-term crisis accommodation to support Aboriginal women and children experiencing family violence and support to increase awareness and access to cancer screening services.

Our commitment to promoting, strengthening and learning about Tasmanian Aboriginal culture continued throughout the year with Aboriginal Community days held quarterly, creating opportunities for community to come together, yarn, participate in cultural arts and crafts and enjoy amazing food. Our NAIDOC Week Amazing Race was also a fan favourite, attended by over 20 teams who raced across the northern suburbs, competing in pit stop challenges. Time was spent on Country and staff participated in a range of cultural education opportunities.



Photo - Senator Carol Brown, Bobbie Dillon and Mayor Sue Hickey at our groundbreaking ceremony

A groundbreaking ceremony was held on February 19, 2025, officially marking the start of construction of our new health clinic.

With an expected completion of October 2025, our new clinic will meet our community's growing needs now and ensure the ongoing provision of Aboriginal-led services in the future. The project is funded by the Commonwealth Department of Health, Disability and Ageing, and the Tasmanian Department of Premier and Cabinet, with Glenorchy City Council ensuring that we have the ground on which to build it after transferring ownership of the last segment of Rothesday Circle to Karadi. Today, the whole interior of Rothesay Circle is Aboriginal-owned. A big thank you goes to Fairbrother and their subcontractors, who are bringing our building to reality, and to Cumulus Studio for designing and managing its construction. A special thank you goes to the following organisations who have generously provided donations to our building project, helping us to bring a complex build to reality on a challenging budget: Laminex, Autex, Viridian, Linear Standard, Reece Plumbing, Armstrong Flooring, Fairbrother, Brickworks / Austral Bricks, Instyle Fabrics, RA. Jones, Dulux and Hobart House Painters.

We would not be able to deliver high-quality support to our community without the ongoing support of our funders, including the Department of Health, Disability and Ageing, the Department of Premier and Cabinet, the National Indigenous Australians Agency, Primary Health Tasmania, the Department of Health, and the National Aboriginal Community Controlled Health Organisation.

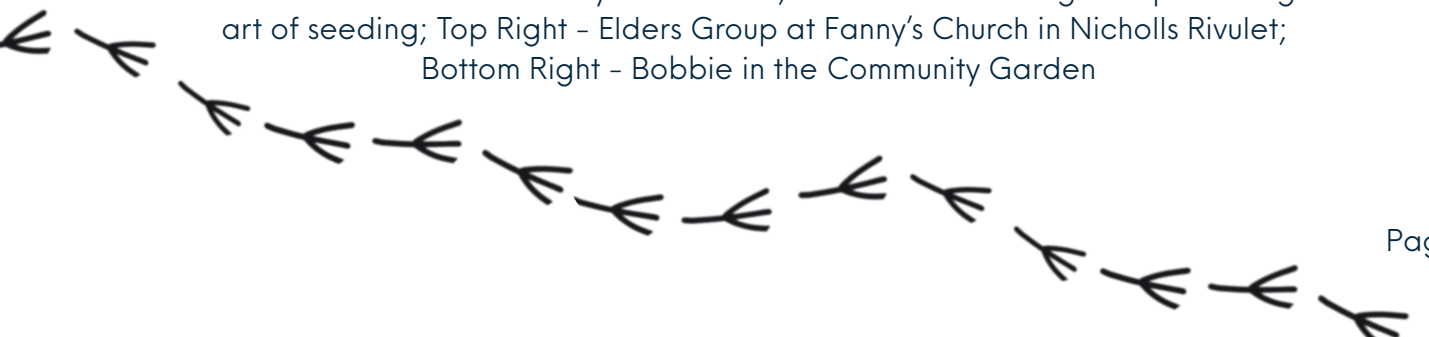
The Board values and appreciates the staff members at Karadi and thanks them for their ongoing dedication and commitment to ensuring that Karadi continues to provide excellent services to our community.

The Board thanks Aunty Jan Langridge and Jamie Langdon for their contributions to Karadi's board and welcomes Bobbie Dillon, who joined the Board in November 2024.

The Directors and leadership team are excited about our future and are committed to growing our organisation, which remains responsive to the needs of its community.



Photos - Most Left - On Country Walk about; Middle - Gardening Group learning the art of seeding; Top Right - Elders Group at Fanny's Church in Nicholls Rivulet; Bottom Right - Bobbie in the Community Garden



Health Programs

At Karadi, we are proud to reflect on a year filled with growth, connection, and strong outcomes for our community. We welcomed new team members, including a receptionist and a counsellor, strengthening our capacity to provide quality, culturally safe care. Our programs and outreach expanded with Australian Hearing, which opened access to more clients. We introduced pharmacist-led medication reviews and established eye health outreach clinics in Bicheno and Triabunna. Community has been at the heart of what we do – from Christmas celebrations and Bicheno BBQs to our health-focused expos and cultural gatherings. Each of these events have brought people together, created safe spaces for wellbeing, and showcased the positive energy that defines Karadi.

We are also celebrating the achievements of our team, who continue to grow their skills and knowledge to better serve our community. Staff have progressed through qualifications in Community Services, Mental Health, Health Administration, and the Aboriginal Health Practitioner pathway, while also building skills in acupuncture, tapping, ear training, and eye health. We have been proud to share our learnings nationally, presenting on the success of the Keepsight pilot program in partnership with Diabetes Australia and participating in key conferences and leadership courses.



Photo left - Diabetes Educator and Emma at Triabunna for diabetic eye checks;
Photo right - The Health Team learning about The Peacock Centre



Healing and Wellbeing Sessions

Karadi has recently commenced trauma counselling with Nicole, providing community members with a safe, supportive, and culturally respectful space to begin healing from experiences of trauma, including the impacts of family and domestic violence. Nicole brings compassion and professional expertise, offering tailored support that acknowledges grief, loss, and intergenerational trauma while helping individuals build resilience and recovery. This service strengthens Karadi's commitment to mental health and wellbeing, ensuring that individuals and families can access the care they need in a trusted environment.

Stronger Futures through Diabetes Education & Prevention

This year, our Diabetes Educator, Heather, has supported more community members at risk of pre-diabetes and type 2 diabetes, with many wanting support to make healthy lifestyle choices in a safe, non-judgmental way. Heather's focus has been on helping people feel confident in managing their own health, while encouraging the use of the Health Passport to keep their care connected.

There have been some inspiring success stories. One patient with pre-diabetes reversed their risk through small food swaps and regular family walks. Others have celebrated weight loss, improved self-care, and greater trust in health services. Early detection also saved one patient's heart health, while advocacy around medical and dental care has ensured people get timely support.

Cultural safety has been central to Heather's work—listening first, using clear communication, and respecting connection to Country, family and community. Clients say they feel “listened to, not judged,” which shows the importance of trust in achieving positive health outcomes.



Photo - Heather,
Diabetes Educator

Aged Care Program

This year, our aged care programs continued to provide high-quality services that promote independence, social connection, and well-being for our Home Care and Commonwealth Home Support Program (CHSP) clients. In addition to providing essential daily care, we placed strong emphasis on social support and community engagement activities, ensuring that clients remain active, connected, and supported within their communities. Feedback from clients and their families indicates a high level of satisfaction, with many reporting improved quality of life, increased independence, and enhanced well-being.

During Ten Days on the Island, our CHSP group enjoyed a visit to the Moonah Arts Centre to view Bending Branches, an installation created by the Karadi Men's Group. The work highlighted themes of home, family, Country, and community, offering participants a meaningful cultural experience. The Elder Care Support (ECS) Program is designed to support older Aboriginal people in understanding the aged care system, navigating the assessment process, and assisting in finding a service provider that best meets their needs. This year, the program:

- Supported 25 Aboriginal people through information, advocacy, and guidance.
- Provided one-on-one assistance with My Aged Care referrals and assessments.
- Helped elders and families connect with culturally safe service providers.
- Offered ongoing support to ensure services remain accessible and responsive.

By focusing on culturally safe care and community connection, ECS empowers Aboriginal people to make informed choices about their aged care journey while maintaining dignity, independence, and strong cultural identity.



Photo Left - CHSP Group on a lunch outing in Brighton;
Photo Right - Our CHSP Group viewing the Ten Days on the Island installation.



Introduction of the New Support at Home Program

The Support at Home program is a reform of Australia's in-home aged care services. Support at Home will replace the existing Home Care Package Program and will take effect on November 1, 2025. These reforms are part of a broader effort to enhance the quality and accessibility of aged care services in Australia, ensuring that older individuals receive the support they need to live independently and with dignity.

Karadi held two information sessions in conjunction with the Department of Health, Disability and Ageing during the year, during which clients were informed about the upcoming Support at Home Program changes and how these reforms may impact their care and services provided by Karadi.

Aged Care Support Staff



During August, we celebrated Aged Care Appreciation Day. Pictured above is Vicki, Kylie, Lorraine, and Brody. Between them, they have over 45 years of combined service with Karadi.



Gail Finds Connections in Community

When Gail moved from Rocherlea to Hobart to be closer to her family, she didn't know very many people. The change was exciting but also a little daunting. With the support of her Home Care Package, Gail has been able to settle in and start enjoying life in her new surroundings. Her support worker, Vicki, helps her get out and about — whether it's running errands, attending appointments, or going out for lunch.

One of the highlights of Gail's week is joining the Elders Group at Karadi. The group gives Gail the chance to meet new people, share stories, and participate in activities that foster connection. "It's made such a difference to have support," Gail says. "I feel like I belong here now." Thanks to her Home Care Package and the people around her, Gail has not only adjusted to her new home in Hobart but is thriving — surrounded by family, supported by caring staff, and connected with her community.



Photo - Gail, pictured in front of the Karadi Men's Group art installation "Bending Branches"

Community Programs

The Community team has welcomed a new Youth Worker/Cultural Educator and Community Connector during the year, helping to expand our services and programs. Throughout the year, our calendar of programs that support the social and emotional well-being of our clients and the broader community. The calendar includes gym, yoga, meditation, community lunches, as well as a range of facilitated offerings focused on health promotion, information provision, and capacity building. The gardening group has been a welcome addition to the program. The gardening group meets on Friday mornings to spend time planting, growing and cooking fresh produce from the garden. The time spent outside is filled with positive energy, as everyone enjoys getting their hands dirty and experiencing the satisfaction of watching the plants grow, as well as what can be made from the finished product.



Photo - Eliza in the Community Garden

The free food pantry is consistently accessed by the community with fresh fruit, bread, and vegetables provided by Foodbank each Monday. The community lunch, held on the last Thursday of every month, has provided a meal and an opportunity to connect with others to around 30 community members a month.

Building networks and relationships with service providers to support positive outcomes for clients continues to be the way the community team working closely with several providers, including Foodbank, Neighbourhood House Tasmania, Salvation Army, Uniting Vic. Tas, Glenorchy City Council, Housing Connect, Chigwell Child and Family Services, local schools, Aboriginal Education Services, Engender Equality, and Working It Out. Several partners have facilitated sessions to build client and staff knowledge, including the Tasmanian Aboriginal Legal Service, the Australian Electoral Council and the Cancer Council. Networking has expanded our knowledge of available services, leading to referrals that support our communities.

Elders Group

Karadi's Elders group provides a safe environment where our Elders can gather, yarn and undertake hobbies and activities over a delicious meal. Elders engaging with one another in a culturally safe space promotes improved mental and physical health and a greater sense of belonging. From being on Country to guest speakers, the activities are Elders' interests-focused. This weekly group reinforces the importance of connection to community and culture.

In March, ten Elders enjoyed a memorable two-day social outing to Orford. The trip was designed to be inclusive and accessible, ensuring everyone could participate comfortably. Elders enjoyed a meaningful time together. Elders had the opportunity to strengthen friendships and reduce feelings of isolation. Being on Country, connecting to culture and spending time outdoors in the fresh air supported both their physical and mental health and created lasting positive memories that contributed to overall happiness and wellbeing.



Photo - Elders Group at the East Coaster Restaurant, Orford

Men's Programs

Our Men's program has expanded its offerings to include a weekly bush walk, men's shed activities, and a community meal - sometimes featuring a guest speaker in attendance. In March, the Men's Group were invited to exhibit an art piece for the Ten Days on the Island Art Festival. The men worked as a group to gather and produce a piece that represented their strong connection to their Tasmanian Aboriginal culture and knowledge. They gathered resources from Country that were important to the group and included them in the amazing work showcased at the opening. The Men's group also had the opportunity to spend more time out exploring and enjoyed a trip to Bruny Island where they walked the beaches, talked about the history and shared a meal.



Photo - Men's Group at the opening of the 10 Days on the Island festival with the art piece

Youth

In the youth space, we have built a relationship with Montrose High School by working with Aboriginal / Torres Islanders students. Beginning with the Post Fossil Bath House project and continued with one-on-one support for individual students to increase attendance, improve literacy and numeracy skills, explore resume writing, and encourage them to set small, achievable goals. Our partnership with Glenorchy City Council continued throughout the year, with a focus on enhancing support for the local youth community. Karadi has been a regular presence in the Glenorchy bus mall of an afternoon, making relationships and connections, attending youth-focused events and participating in the youth justice reform.



Photo - Basketball against Racism event with Glenorchy City Council

Karadi, alongside the Glenorchy City Council, have worked together to build the Stay Upright program, which gives young people between the ages of 17 and 25 the opportunity to receive training and a motorcycle learner's licence.

Deadly Choices

Deadly Choices has had another successful year with a growing number of 715 health checks tracked and several eight-week school-based education courses delivered throughout the state. The fantastic partnership with the Tasmanian Aboriginal Legal Service continued, ensuring young people have access to legal information around sexual health, drug and alcohol abuse, legal age of consent and what the youth justice system looks like.

Karadi had the opportunity to host Tyrone Roberts for the day, with two schools having a chance to ask questions about his life journey and where he is now. This year, we had one lucky family attend the Australian Open, which was a competition organised by Institute of Urban Indigenous Health and Victoria Aboriginal Health Service.



Photo Left – Deadly Choices event;
Photo Right – Kipli Kani monthly event at Bond Place

Cultural Education

Karadi takes pride in facilitating cultural knowledge walk and talks. Our Cultural Educator has been presenting in schools and early learning centres creating opportunities for young children to learn about animals, plants and names of places that are native to Lutruwita. Regular on Country walks also provide an opportunity for cultural connection and engagement.



Photo - Cody in a Cultural Knowledge Workshop



Photo Left - Cody at Putalina; Photo Right - Fish Trap off the shore of Putalina

Our Services at a Glance

Throughout 2024-25, Karadi has continued to make a meaningful difference across primary health, allied health, and community wellbeing. This year has shown the strength of working together, the value of strong partnerships, and the importance of celebrating every achievement – big and small – as we walk alongside our community.



1,215 Deadly Choices Health Check shirts distributed



72 Physio Appointments



30+ families accessing food pantry every week



210 Podiatry Appointments



> 50 No Interest Loans applications completed



158 Counselling Appointments



Home Care Services to 23 clients, delivering over 600 hours of consumer-directed care.



128 Speech Therapy appointments



3,919 Episodes of Health Care



88 Optometry Appointments



5 Hearing Screening Sessions



124 Massage Appointments



30 Diabetes Education Sessions



60 Services Australia Support Appointments



120 Primary Health Appointments



155 Group Sessions– Men's, Community, Gym, Community Lunch, Health Promotion, Yoga, CHSP, Elders, Walking Group



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(thank you)

to the Karadi Staff and
Community for a Great Year